

**WHAT IS CLAIMED IS:**

*Sub A2* 1. A protection device for use during outside activities for protection of a wearer against crawling insects such as deer ticks carrying Lyme Disease comprises a set of at least one protection element, said at least one protection element comprising:

an elongate substrate having a first, inner surface and an opposite, second, outer surface,

a first, inner adhesive layer adhered upon said first, inner surface of said substrate and having an adhesive surface adapted, upon exposure, to releasably adhere said at least one protection element upon a clothing surface in a region adjacent to a clothing opening, and

a second, outer adhesive layer adhered upon said second, outer surface of said substrate and having an adhesive surface adapted, upon exposure, to impede advancement of insects crawling upon the clothing surface into contact with the adhesive surface from proceeding thereacross toward a clothing opening.

2. The protection device of claim 1, further comprising an inner release sheet mounted upon the adhesive surface of said first, inner adhesive layer and removable to expose the adhesive surface for adhering said protection element upon a clothing surface.

3. The protection device of claim 1 or claim 2, further comprising an outer release sheet mounted upon the adhesive surface of said second, outer adhesive layer and removable to expose the adhesive surface for at least impeding advancement of the crawling insects across the adhesive surface.

4. The protection device of claim 2, wherein, in a set of protection elements, said inner release sheet has a first surface removably mounted upon the adhesive surface of said first, inner adhesive layer and an opposite second surface removably mounted upon an opposed adhesive surface of a said second, outer adhesive layer.

5. The protection device of claim 1, wherein said set of at least one protection element comprises multiple protection elements.

1           6. The protection device of claim 1, wherein said set of at least one protection  
2 elements comprises at least one protection element sized and configured for adhering upon a  
3 clothing surface in a region of at least one clothing opening selected from the following  
4 group of clothing openings: waist band, shirt collar, shirt front, shirt sleeves, and pant cuffs.

1           7. The protection device of claim 1 or claim 6, wherein said set of at least one  
2 protection element comprises at least one pre-configured protection element.

1           8. The protection device of claim 7, wherein said at least one pre-configured  
2 protection element is pre-configured for length.

1           9. The protection device of claim 7, wherein said at least one pre-configured  
2 protection element is pre-configured for shape.

1           10. The protection device of claim 1, wherein said set of at least one protection  
2 element has the form of a roll.

1           11. The protection device of claim 1, wherein said set of at least one protection  
2 element has the form of a sheet.

1           12. The protection device of claim 1, wherein said at least one protection element  
2 further comprises a shield portion extending outwardly from a plane of said substrate relative  
3 to and generally above said second, outer adhesive layer.

1           13. The protection device of claim 12, wherein said shield portion is an integral  
2 extension of said substrate.

1           14. The protection element of claim 13, wherein said shield portion has the form of a  
2 curved, outward extension of an edge portion of said substrate.

1 15. The protection element of claim 13, wherein said shield portion has the form of a  
2 protrusion from the second, outer surface of said substrate.

1 16. A method for protection against insects such as deer tick carrying Lyme Disease  
2 crawling upon a clothing surface of a wearer toward a clothing opening, said method  
3 comprising the steps of:

4 a) selecting a protection element from a set of at least one protection element  
5 comprising an elongate substrate having a first, inner surface and an opposite, second, outer  
6 surface, a first, inner adhesive layer adhered upon the first, inner surface of the substrate and  
7 having an adhesive surface, and a second, outer adhesive layer adhered upon the second,  
8 outer surface of the substrate and having an adhesive surface;

9 b) exposing the adhesive surface of the first, inner adhesive layer;

10 c) applying the adhesive surface to a clothing surface for removable attachment of the  
11 protection element adjacent to a clothing opening; and

12 d) exposing the adhesive surface of the second, outer adhesive layer to impede  
13 advancement of insects crawling upon the clothing surface from proceeding across the  
14 adhesive surface toward the clothing opening.

1 17. The method of claim 16, comprising the further step of adhering the protection  
2 element generally below a clothing opening to impede advancement of insects crawling  
3 generally upward toward the clothing opening.

1 18. The method of claim 16, comprising the further step of removing a release sheet  
2 to expose the adhesive surface of the first, inner adhesive layer.

1 19. The method of claim 16 or claim 18, comprising the further step of removing a  
2 release sheet to expose the adhesive surface of the second, outer adhesive layer.

1 20. The method of claim 19, further comprising delaying removal of the release sheet  
2 to expose the adhesive surface of the second, outer adhesive layer until arriving in a region  
3 where protection is desired.

1           21. The method of claim 16, comprising the further step of adhering at least one  
2 protection element in a region of a clothing opening selected from the following group of  
3 clothing openings: waist band, shirt collar, shirt front, shirt sleeves, and pant cuffs.

1           22. The method of claim 16, further comprising repeating the steps a) through d) to  
2 adhere protection elements in regions of multiple clothing openings.